

Seaboard Traders : General Sizing Guidelines for Clothing

Men's Unisex Adult

	Tops Chest Size	Bottoms Waist Size
X-Small	30-32	27-29
Small	34-36	30-33
Medium	38-40	34-36
Large	42-44	36-39
X-Large	46-48	40-42
XX-Large	50-52	N/A

Men's Unisex Big

	Tops Chest Size	Bottoms Waist Size
1X/2X	48-52	41-45
3X	52-56	46-50
4X	56-60	50-54
5X	60-64	54-58

Women

	Size	Bust	Waist	Hip
X-Small	2-4	33-34.5	25-27	33-34.5
Small	4-6	35-36.5	28-29	35-36.5
Medium	8-10	37.5-39	30-32	37.5-39
Large	12-14	40-41.5	33-34.5	40-41.5
X-Large	16	42-43.5	35-36	42-43.5

Women Plus Sizes

	Size	Bust	Waist	Hip
18/20	1X - 2X	45-49	36-40	46-50
22/24	3X - 4X	49.5-52	41-45	51-54
26/28	5X - 6X	52.5-56	46-50	55-59

Kids/Youth

	Size	Chest
XX-Small	2/3	22-23
X-Small	4/5	24-25
Small	6/7	26-27
Medium	8/10	28-30
Large	12/14	31-33
X-Large	16/18	34-36